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# LEVERAGED TALONS

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Grab & Tackle | Two-handed grab to the wrists | 12:00

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## Name:

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Leveraged: To use a fulcrum

Talons: Two-handed grab to the wrist or wrists

## Attack:

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The Ideal attack requires your opponent be in front of you. He attacks by having his right hand grab your left wrist and his left hand grabs your right wrist.

## Movement:

1. **Left Step Forward** into a **Left Neutral Bow Stance** (facing 12:00). As you step forward, circle both of your arms clockwise having them travel under, around, and over your opponent's right wrist. This explosive action should continue diagonally and down toward your right hip to loosen or release your opponent's grasps, bring his arms and head down.
2. Immediately pivot into a **Left Forward Bow Stance** (facing 12:00). Execute a **Left Outward Back Knuckle** to your opponent's face. Simultaneously deliver a **Right Thrusting Vertical Punch** to his right ribcage.
3. **Right Step Forward** into a **Right Cat Stance** toward 12:00 and deliver a **Right Upward Outward Diagonal Back Knuckle** to your opponent's right temple. Have your **Left Hand Check** and press down against your opponent's right arm.
4. Without loss of forward momentum, **Right Step Forward** into a **Right Neutral Bow Stance** (facing 12:00). Your right leg should hug the inside of your opponent's right leg. While stepping forward, execute a **Right Inward Elbow** to your opponent's face as you continue to use your **Left Hand Check** press down against your opponent's right arm.
5. **Left Gauging Step** toward 4:30 then perform a **Right Front Crossover** and **Cover Out** toward 4:30.