
REDIRECTED EAGLES

Grab & Tackle | Two-handed body grab from the front | 12:00

Name:

Redirected: To guide off center

Eagles: Two-handed body grab from the front

Attack:

The Ideal attack requires that your opponent attempts a two-handed chest grab from the front.

Movement:

1. **Left Step Back** toward 6:00 into a **Right Neutral Bow Stance**. Execute a **Right Inward Block** to the outside of your opponent's left arm while your **Left Hand Checks** at your solar plexus.
2. Pivot into a **Right Forward Bow Stance** with a **Right Pressing Check** across the top of both of your opponent's arms as you deliver a **Left Vertical Punch** to your opponent's sternum (tracking over your right arm).
3. Pivot back into a **Right Neutral Bow Stance** while converting your left punch into a **Left Pressing Check** to the top of both of your opponent's arms. Simultaneously, have your right hand rapidly travel inside and over your left arm as you deliver a **Right Outward Back Knuckle** to your opponent's right temple.
4. Perform a **Right Front Crossover** and **Cover Out** toward 6:00.